

FRONTROWER LUBRICATION POINTS

1. Oarlock slides (the part that slides on the black oval).
2. Oarlock slide oil reservoirs (the wicking material located between the slide and the oarlock yoke).
3. Power handle attachment hooks (where they make contact with the collar bushings).
4. The return-spring attachment hooks (where they make contact with the eyebolt on the oar).
5. The pedal axles (where the pedal makes contact with the axle).

The slides should be lubricated with a little paraffin wax (candle wax) every 20 miles or so, or whenever the sliding action seems sluggish. Rub a little candle wax on the bottom of the slides. At the same time, you should put a few drops of light machine oil (Turbine Lubrication Oil or 3-In-One Oil) on the wicking material above the oarlock slide, just enough to keep the wicking material moist. Wipe off any excess, so it won't get on your hands or clothing.

The other points should be lubricated with paraffin wax every once in a while to prevent squeaking. If squeaking occurs while you are out rowing, you can splash a little seawater on the part, which should quiet it down temporarily.

